

## MEMBERNEWS JUNE 60





## SAFE AND FUN FOR EVERYONE

At the Y, water is not only a key ingredient for summer fun, it's a place where young people can develop strength, confidence and lifelong healthy habits. But without proper guidance and safety measures, water can also be dangerous. Consider these facts:

in the United States

Drowning is the **CAUSE OF DEATH** for children 14 & under

children cannot swim



Designate a "Water Watcher" to maintain visual contact with all children playing in or near water.

Make sure kids know that breathholding games can be dangerous.

Keep kids away from pool drains, pipes and other openings to avoid entrapments.

The Y is dedicated to bridging the gap in the delivery of swim lessons and water safety education in the U.S.—especially in underserved communities. Ask your Y how the staff can help you or your family swim safely and have the best summer ever!